

**Sunday, January 14, 2017**

**TODAY'S SCRIPTURE:**

**TODAY'S SCRIPTURE:** EPHESIANS 4:1-16 PG: 1821

**TODAY'S MESSAGE:**

*"BODY BUILDING...BUILDING CHAMPIONS FOR KINGDOM  
RESULTS—A WORKOUT THAT WINS"*

---

**Notes:**

## **Pray for God's People**



If you have a pastoral need, please call Pastor Luke Schouten, 920-889-3911, any consistory elder or the church office (754-2783) Remember, we cannot print your name unless you have granted FRC permission to do so. If you have a prayer request you would like included, please contact the office.

- **Pray for those in assisted living:** Jack Hurd, Ethel Jurgens, and Geneva Wissink.
- **Pray for our nursing home residents:** Larry Buysman, Minnie De Jong, Tracy Den Beste, Dutch Kruger, and Marian Zevenbergen.
- **Pray for our Missionaries:** Dr. Bernadeth Kelly and Adrian Bobb, Jeff and Chelsea Lampen, Sayuri Kist-Okazaki, Brian and Donna Renes, J.J. and Tim TenCley, Rowland and Jane Van Es.

## **Prayer Requests**

**Jack Hurd has been transferred** to Sibley Specialty Care in Sibley. Please pray for him as he transitions to this new change in his life. His new address is: Jack Hurd, Sibley Specialty Care, Room #15, 700 N. 9th Ave., Sibley, IA 51249.

**Michael Block Jr. will be having surgery** Tuesday morning at the Sibley Hospital. Please pray for the doctors and nurses that will be attending to him. Pray for healing for Michael and patience for his family as he recovers.

## **Thank You**

**Dear First Reformed Church Friends,**

A heartfelt "thank-you" is in order. . . to so many of you who participated in our ATLAS Christmas missions this past December. To those who embraced our Gift Card Gala and ATLAS wish-list, please know the staff is overwhelmed by such a beautiful response and the recipients are beyond grateful. Additionally, we are doubly-humbled by those of you who stopped in with individual year-end gifts and by the beautiful contribution from First Reformed Church. Your financial partnership provides affirmation for the entire board and staff—and spurs us on to continue providing an open door for those needing encouragement, a listening-ear and unconditional love. You have blessed us so we can bless others. And that's precisely what we intend to do as we watch God provide through First Reformed Church and its mission-minded members in 2018.

On behalf of our board, staff and the many we serve,  
Clark Haken - Director

Miss a message? Want to hear the message again? Go to **Sibleyfrc.org** and click on "sermon" to watch the video.