Sermon Series: Spiritual Disciplines Series Sunday, March 26, 2017

TODAY'S SCRIPTURE: Romans 8:22-27; pg. 1757 Matthew 6:19-21 pg. 1504 TODAY'S MESSAGE: "Spiritual Disciplines: Guidance and Giving"

Notes:

Pray for God's People

If you have a pastoral need, please call Pastor Luke Schouten, 920-889-3911, any consistory elder or the church office (754-2783) Remember, we cannot print your name unless you have granted FRC permission to do so. If you have a prayer request you would like included, please contact the office.

- **Pray for those in assisted living:** Jeanette Groenenboom, Jack Hurd, and Geneva Wissink.
- **Pray for our nursing home residents:** Larry Buysman, Angie Calsbeek, Minnie De Jong, Tracy Den Beste, and Marian Zevenbergen.
- **Pray for our Missionaries:** Dr. Bernadeth Kelly and Adrian Bobb, Jeff and Chelsea Lampen, Sayuri Kist-Okazaki, Brian and Donna Renes, J.J. and Tim Ten Cley, Rowland and Jane Van Es.
- **Mike Kraayenbrink's** cancer has returned. He will be having surgery in the near future. Please remember Mike and Laurie in your prayers.
- **April Buysman** continues to heal from her fall and surgery in the Rock Rapids Health Center. She will be there until the end of April.
- Carol Van Stelton is a former member of FRC and a friend to many of you. She recently sent a prayer request for FRC. It is pasted below. Please keep Carol in your prayers. "I am In Zion, II at the Cancer treatment Center of America. The leukemia is back and we decided to hit it hard. 3 weeks ago we were in contact with Cancer Center and they said it would be 3-6 months before they could see me, but a week later they called that they had an opening this week. We feel this was really a "God thing" and we were very comfortable coming here. Monday we drove in, Tuesday I was admitted, yesterday I had blood and platelets given to me and today they started a 5 day regiment of chemotherapy. Plans are that I stay here about 30 days and then we discuss the next step with the team of doctors here. Being it is a cancer center that is all they deal with and they are very progressive. Beside the chemo I'm allowed to take many natural vitamins and supplements, which we real feel helps the immune system. Please keep me and my family and the staff here in your prayers. Thank you." Carol and Virgil Van Stelton; PO Box 236 Inwood, IA 51240