

**Sermon Series:** Spiritual Disciplines Series

Sunday, March 19, 2017

**TODAY'S SCRIPTURE:** Matthew 6:16-18; Joshua 1:8 pgs. 1504, 332

**TODAY'S MESSAGE:** *"Spiritual Disciplines; Fasting and Meditation"*

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**Notes:**

## Pray for God's People

If you have a pastoral need, please call Pastor Luke Schouten, 920-889-3911, any consistory elder or the church office (754-2783) Remember, we cannot print your name unless you have granted FRC permission to do so. If you have a prayer request you would like included, please contact the office.

- **Pray for those in assisted living:** Jeanette Groenenboom, Jack Hurd, and Geneva Wissink.
- **Pray for our nursing home residents:** Larry Buysman, Angie Calsbeek, Minnie De Jong, Tracy Den Beste, and Marian Zevenbergen.
- **Pray for our Missionaries:** Dr. Bernadeth Kelly and Adrian Bobb, Jeff and Chelsea Lampen, Sayuri Kist-Okazaki, Brian and Donna Renes, J.J. and Tim Ten Cley, Rowland and Jane Van Es.

## Thank you:

- **I would like to extend my thanks** to the Congregation and to the HS Remnant Youth Group for working at last week's soup and pie supper. The joy of seeing the HS youth and adults working side by side is the beauty of the body of believers coming together. Thank you to everyone who helped make the soup and pie supper a success. All money that was raised will help to fund the upcoming trip to Rocky Mountain High this summer. ~Pastor Luke

## Christian Sympathy Extended To:

- **The Family and Friends of Joy Langstraat, age 84**, of Sibley, Iowa, passed away on Monday, March 13, 2017 at Brickford Cottage Memory Care in Sioux City, Iowa. Funeral Services were held on Wednesday, March 15, 2017 at the Andringa Funeral Home in Sibley, Iowa. Rev. Brad Langstraat officiated.
- **The Family of Elizabeth Haken.** Elizabeth passed away this past week. Her funeral was held Saturday morning in our church. Those left to cherish her memory are her sons Grant Haken and family and Clark Haken as well as many extended family.

***May God Comfort Those Who Mourn***

Miss a message? Want to hear the message again? Go to

**Sibleyfrc.org** and click on "sermon" to watch the video.